



A Soul of Business Success Article:  
**From 'Barely Surviving' to THRIVING:  
Reach Your Authentic Abundance Potential!**

*If you're ready to rewrite your story so you can hold and enjoy MUCH more abundance and ease, this article shows you how.*

Financial success and spiritual fulfillment are complementary aims. Each enriches the other when they are explored in tandem with mindfulness and commitment. The Soul of Business Success is my system for pursuing business success and spiritual fulfillment through one integrated path. This article addresses one dimension of SBS: claiming your right to and capacity for abundance.

You don't have to struggle to have "enough" money. You were born for abundance. You can enjoy receiving abundance and sharing it with others. Abraham, a group of beings channeled by Esther Hicks, articulates the Law of Attraction in this way: "You are attracting the essence of whatever you are choosing to give your attention to - whether wanted or unwanted" (see "A New Beginning" by Abraham-Hicks for more).

Whenever you wonder, "why is this in my life?" the Law of Attraction points to the answer: Every person, circumstance, and object in your world was attracted there by the thoughts and feelings you focused on before they appeared. EVERYTHING in life is created twice: once in your mind and heart, THEN in the material realm. You can create consciously or unconsciously. You can keep one foot on the gas... and one on the brake of your abundance... by feeling good about what you're creating, then feeling badly about not having it yet. By focusing on what you want, then focusing on how afraid you are that it won't happen. By focusing on what you would do with more, then focusing on how much competition there is and how hard it is to succeed. In these ways, you attract a mixed bag of results. Does this match with your past experience? That's a sign: You've been creating unconsciously!

Now is your chance to create what you really want. Know that your focus and your feeling is the most important ingredient in your prosperity. You do not have to know HOW your good will unfold. You do not have to DESERVE it. You do not have to worry about whether it will work well for OTHER people for you to have what you desire. You need only focus on what you desire and how you will use it.

You do not have to worry about what will happen to you if you have what you desire: Will I still be spiritual, compassionate, kind, centered? Will other people still like me? Will I have time to live the way I want to live if I have more business or more money? Will I change and become greedy and materialistic if I have more than enough money? You can answer these questions in any way you wish, again through your own FOCUS! You can have the money, opportunities, connections, and business you want AND still be spiritual, compassionate, kind, centered, well-liked, with plenty of time! You are the designer of your own experience. If you focus on having all those positive essences, you

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can have them. If you decide to have more than enough prosperity but to lose something important to you in the process, you may also create that experience.

It's absolutely up to you! You can create your own authentic abundance experience on your own terms. It's all a matter of focus. The Shift Happens Worksheet will support you to shift your focus any time you wish. Enjoy!

## **Recommended Reading for Accessing Abundance:**

**The Abundance Book** by John Randolph Price

**The Energy of Money** by Dr. Maria Nemeth

**The Trick to Money is Having Some** by Stuart Wilde

**Creating Money** by Sanaya Roman

**The Seven Stages of Money Maturity** by George Kinder

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## The Shift Happens Worksheet

Any time you find yourself not receiving what you want, feeling impatient with the time frame, or feeling anxious about whether you'll be secure, happy or satisfied in the future, use this worksheet. If you're having an experience that falls short of delight and abundance, it's because you're referring to a Focus Point for Lack. As a result of your focus, you're experiencing lack. To shift to an experience of abundance, simply change your focus. Using the worksheet, when you find your current focus point (what you have been thinking about, what has been upsetting you) in the column on the left, look to the right and shift to focusing on the Focus Point for Abundance you find there. If you prefer, pick ANY of the Focus Points for Abundance. They all work! They all align you with your highest and best possibilities!

### **Focus Points For Lack** *...About myself*

\_\_\_\_\_ I shift to

\_\_\_\_\_ I shift to

### **Focus Points for Abundance** *...About myself*

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\_\_\_\_\_

### **Focus Points For Lack** *...About Others*

\_\_\_\_\_ I shift to

\_\_\_\_\_ I shift to

### **Focus Points for Abundance** *...About Others*

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\_\_\_\_\_

### **Focus Points For Lack** *...About Desired Circumstances, Objects, and Relationships*

\_\_\_\_\_ I shift to

\_\_\_\_\_ I shift to

### **Focus Points for Abundance**

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### **Focus Points For Lack** *...About The Path to My Goals*

\_\_\_\_\_ I shift to

\_\_\_\_\_ I shift to

### **Focus Points for Abundance** *...About The Path to My Goals*

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*Enjoy Refocusing!* **USE YOUR FOCUS POINTS FOR ABUNDANCE DAILY!**

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