



## Chakras and Your Career Success

*A Chakra-by-Chakra Guide to Moving Through Career Challenges and Embracing Career Opportunities*

In our quest to understand ourselves better, to stay motivated and clear, to live our truth, to be of the utmost service to others, and to embrace prosperity and joy in this life, our chakra system can be a powerful metaphor for specific dynamics and developmental steps. Each chakra is a powerful "pump" for circulating vitality, creative energy, and divine light through both our physical body and also our mental, emotional, and energetic bodies. Finally, those who would enjoy an optimal experience of being human can be well-served by considering the chakra correspondences of their experiences, because the chakra system as a whole is a bridge between the two sacred realms of heaven and earth: Our creative power in the temporal realm is accessed and activated through the chakra system.

### **What are the chakras?**

**Anodea Judith**, author of the chakra classic, *Wheels of Life* and other books (listed at the end of this article), gives a brief chakra history on her website, [www.sacredcenters.com](http://www.sacredcenters.com). In part, she says, "now that the chakras have become New Age parlance, there are many interpretations of their meaning and function being bandied about. While this popularity is making the chakras a household word, it is also spreading a lot of confusing, conflicting, and often erroneous information. It is important to realize the chakras come from an ancient tradition, which many New Age teachers have barely explored. Here is a brief summary of the development of the chakras historically.

"The Vedas, which are the oldest written tradition in India, (2,000 - 600 B.C.) were written largely by the Indo-European invaders of India, known as the Aryans. The Aryans were said to have entered India on chariots, and the original meaning of the word chakra as "wheel" refers to the chariot wheels of the invading Aryans. (The correct spelling is cakra, though pronounced with a ch as in church.) The word was also a metaphor for the sun, which "traverses the world like the triumphant chariot of a cakravartin." (ruler) and denotes the eternal cycle of time called the kalacakra, or wheel of time. In this way, it represents celestial order and balance.

"It is said the cakravartins were preceded by a glowing golden disk of light, much like the halo of Christ, only this spinning disk was seen in front of them (perhaps their powerful third chakras?). The birth of a cakravartin was said to herald a new age. It is also said that the god Vishnu descended to Earth, having in his four arms a cakra, a lotus flower, a club, and a conch shell. (This may have referred to a cakra as a discus-like weapon.)"

And so it is that the sacred centers we call chakras can also be called *wheels of light or wheels of life*.

### **How do chakras relate to my business and career?**

Often our obstacles and opportunities invite us to charge or dis-charge one or more chakras to open ourselves to receive and enjoy more of what we want. In brief, the next page

These strategies © 2002 Michele Lisenbury Christensen and SuccessandSpirit.com.  
May be freely distributed with this copyright and contact information attached. Enjoy!



contains a summary of the chakras, their key functions and correspondences, and the challenges that may indicate the usefulness of working with a certain chakra.

## Recommended Reading for Career and Business Success with the Chakras:

*By Anodea Judith, Ph.D.:*

**Wheels of Life:** A User's Guide to the Chakra System

**Eastern Body, Western Mind:** Psychology and the Chakra System as a Path to the Self

**The Sevenfold Journey:** Reclaiming Mind, Body, and Spirit Through the Chakras  
(by Anodea Judith and Selene Vega)

*By Harish Johari:*

**Chakras: Energy Centers of Transformation**

*By Rosalyn Bruyere:*

**Wheels of Light:** Chakras, Auras, and the Healing Energy of the Body

*By Rosalyn Bruyere:*

**Wheels of Light:** Chakras, Auras, and the Healing Energy of the Body

These strategies © 2002 Michele Lisenbury Christensen and SuccessandSpirit.com.  
May be freely distributed with this copyright and contact information attached. Enjoy!